



Melanie Anne Salisbury
BA(Hons) PgDipNT mBANT rCNHC
Naturopathic Nutritional Therapist

Terms of Engagement & Consent Incl. Nutritional Therapy Descriptor

Please read the information below and bring papers with you to your initial consultation, where two copies will need to be signed.

- The Client Profile and 5-day food and lifestyle diary should be returned to practitioner at least 2 days prior to the initial consultation. Failure to return in time may result in the consultation being postponed.
- The fee for each consultation is payable either in cash or cheque at consultation or via bank transfer direct to practitioner. If making a bank transfer, fee must be paid within 7 days after appointment.
- Cancellations and re-scheduling of appointments should be done 48 hours in advance. Failure to cancel or reschedule an appointment in due time will incur an 80% charge of the full consultation price to cover clinic space, travel and practitioner time involved in preparation.
- Nutritional therapy is a recognised complementary medicine and is relevant for individuals with chronic conditions, as well as those looking for support to enhance health and wellbeing.
- A holistic approach is applied throughout each program, whereby the *whole* of the client is considered in the evaluation of individual health and current symptoms. Nutritional & lifestyle advice will be tailored to support medically diagnosed conditions and/or health concerns agreed and identified by the two parties.
- It is a requirement that you provide full contact details of your GP. You are responsible for contacting your GP or specialist about any health concerns you may have. However, should your practitioner identify a need to contact your GP about an aspect of your health or medical history, a letter will be sent directly. You will be informed and consulted about all procedures relevant to your case.
- It is important that you tell your practitioner about any medical diagnosis you have received plus any prescription medication, herbal medicine or food supplements, or over the counter medication you are taking as it may affect the naturopathic nutritional program.
- Nutritional therapists are not permitted to diagnose or claim to treat any medical condition. Nutritional advice is not a substitute for professional medical treatment. The aim of nutritional therapy is to facilitate the body's own re-balancing and self-healing in an attempt to alleviate undesirable ill-health conditions.
- You will be fully involved in the decision-making progress regarding the options to be included in your nutritional program. After your initial consultation you will be sent details of the program, including dietary and lifestyle recommendations and a nutritional supplement program (if applicable). This will all be sent to you within 7 days of appointment.



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- When necessary, laboratory tests may be suggested as tools to clarify possible underlying imbalances. These tests incur additional costs although some might be available through NHS if agreed by your GP. Your practitioner will explain the applicability of possible tests giving you the choice to take them or not. You will be involved in the decision-making process of your program at all times. Test results require professional interpretation and for that reason are sent directly to your practitioner. Results are disclosed and explained to you in a follow up consultation.
- The results you obtain from your nutritional therapy program will also depend upon your degree of compliance with the advice provided. No responsibility can be accepted in cases of non-compliance.
- You should not continue with supplement recommendations beyond advised timeframe nor seek advice from a 3rd party during program. This is to avoid any adverse reactions. If you are unclear about the nutritional program you should contact your nutritional therapist promptly for clarification.
- Recording consultations using any form of electronic media is not allowed without the written permission of both client and nutritional therapist.
- Standards of professional practice in nutritional therapy are governed by the British Association for Applied Nutrition and Nutritional Therapy (BANT) Code of Ethics and Practice. **BANT** may be contacted at: 27 Old Gloucester Street, London WC1N 3XX (08706 061284) or via its website at <http://www.bant.org.uk>

Data Protection

*The information you provide for the Client Profile, and that gathered during consultations is recorded in writing by your nutritional therapist and may be transferred to a computer. It includes personal data relating to your health and some details of your family history. Your practitioner will process and hold this data for future reference. Other (non-medical) personal information may be used for the purpose of administration only. Careful measures are taken to keep all such information secure. This policy is **not** to disclose information to any third party without your written consent.*

I understand the above and agree that our professional relationship will be based on the consent of this document.

Signed Agreement:

Client	Professional practitioner
Signature	Signature
Date	Date